In the Name of Allah, the Merciful, the Compassionate

On Thanks

"And there is nothing, but it glorifies Him with praise"

Surah Al Isr 17:44

Will they not then give thanks?

Surah Yaseen 36:35

Will they not then give thanks?

Surah Yaseen 36:73

And we shall surely reward those who give thanks.

Surah Ali Imran 3:145

If you give thanks, I shall increase [My favours] to you.

Surah Ibrahim 14:7

Worship God and be of those who give thanks

Surah Az-Zumar 39:66

Through repeating verses like the above, the Qur'an of Miraculous Exposition shows that the most important thing the Most Merciful Creator wants from His servants is thanks. The Qur'an, the All-Wise Distinguisher between Truth and Falsehood (*Furqan*), calls men to offer thanks, giving it the greatest importance. It shows ingratitude to be a denial of bounties, and in Surah Ar-Rahman, utters a severe and fearsome threat thirty-three times with the decree,

So which of the favours of your Sustainer do you deny?

Surah Ar-Rahman 55:13 etc

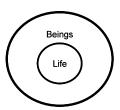
It shows that ingratitude is denial and negation.

Indeed, just as the All-Wise Qur'an shows thanks to be the result of creation, so too the mighty Qur'an of the universe shows that the most important result of the creation of the world is thanks. For if the universe is observed carefully, it is apparent that all things result in thanks in one respect in the way each is arranged it, and to a degree each looks to thanks and is turned towards it. It is as if the most important fruit of the tree of creation is thanks, and the most elevated product of the factory of the universe is thanks. The reason for this is as follows:

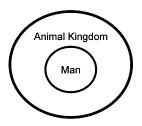
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We see in the creation of the world that its beings are arranged as though in a circle with life created as its central point. All beings look to life, and serve life, and produce the necessities of life. That is to say, the One Who created the universe chose life from it.

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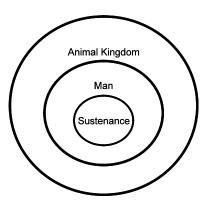


Then we see that He created the animal kingdom in the form of a circle and placed man at its centre. Simply, he centered the aims intended from animate beings on him, gathered all living creatures around him, and subjugated them to him. He made them serve him, and made him dominant over them. That is to say, the All-Glorious Creator chose man from among living beings, and willed and decreed this position for him in the world.

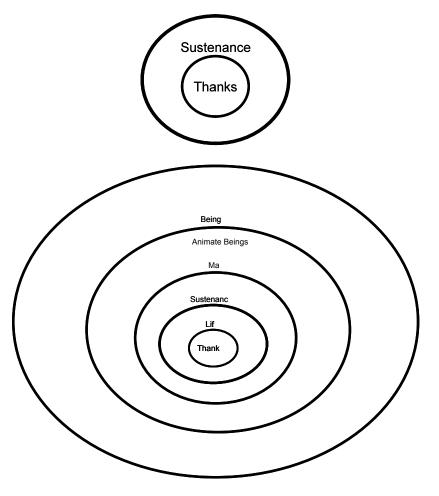


Then we see that the world of man, and indeed the animal world too, are formed like a circle, and sustenance has been placed at their centre. He has made mankind and the animals enamoured of sustenance, and has subjugated them to it, and made them serve it. What rules them is sustenance. And He has made sustenance such a vast and rich treasury that it encompasses His innumerable bounties. Even, through a faculty called the sense of taste, He has placed on the tongue fine and sensitive immaterial scales to the number of foods, so that they can recognize the tastes of one of the many varieties of sustenance. That is to the strangest, richest, most wonderful, most agreeable, comprehensive, and most marvelous truth in the universe lies in sustenance.

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Now we see that just as everything has been gathered around sustenance and looks to it, so too does sustenance in all its varieties subsist through thanks, both material and immaterial, and that offered by word and by state; it exists through thanks, it produces thanks, it shows thanks. For appetite and desire for sustenance are a sort of innate thanks. And enjoyment and pleasure also are a sort of unconscious thanks, which all animals offer. It is only man who changes the nature of that innate thanks through misguidance and unbelief; he deviates from thanks to associating partners with God.



> Furthermore, the exquisitely adorned forms, the fragrant smells, the wonderfully delicious tastes in the bounties which are sustenance invite thanks; they awake an eagerness in animate beings, and through eagerness urge a sort of appreciation and respect, and prompt thanks of a sort. They attract the attention of conscious beings, and engender admiration. They encourage them to respect the bounties; through this, they lead them to offer thanks verbally and by act, and to be grateful; they cause them to experience the highest and sweetest pleasure and enjoyment within thanks. That is to say, they show that, as well as a brief and temporary superficial pleasure, through thanks, these delicious foods and bounties gain the favours of the Most Merciful one, which bear a permanent, true, boundless pleasure and delight. They cause conscious beings to ponder over the infinite, pleasurable favours of the All-Generous Owner of the treasuries of mercy, and in effect to taste the everlasting delights of Paradise while still in this world. Thus, although by means of thanks sustenance becomes such a valuable, rich, all-embracing treasury, it descends to the very lowest degree through ingratitude.

> When the sense of taste in the tongue is turned towards sustenance for the sake of Almighty God, that is, through its duty of thanks, it becomes like a grateful inspector of the numberless kitchens of infinite Divine mercy and a highly-esteemed supervisor full of praise. If it is turned towards it for the sake of the soul, that is, without thinking of giving thanks to the One Who has bestowed the sustenance, the sense of taste falls from the rank of being a highly esteemed supervisor to the level of a watchman of the factory of the stomach and a doorkeeper of the stable of the belly. Just as these servants of sustenance descend to this degree through ingratitude, so too does the nature of sustenance and its other servants also fall. They descend from the highest rank to the lowest. They sink to a state contrary and opposed to the Creator of the universe's wisdom.

Measure of Shukr

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Contentment (Al Qanā'ah)
 Frugality (Al Iqtişād)
 Satisfaction (Ar-Ridan)
 Gratefulness (Al-Imtinān)

Measure of Kufr

- Greed (Al-Hirş)
- Wastefulness & Extravagance (Al-Isrāf) الراسراف
- عدم التقدير والراحترام (Disrespect ('adam at-Tagdeer wa- I-Ihtirām •
- Indiscriminate (tanāwal kuli mā habb wa dabb) تَناول كُل ما هب ودّب eating

The measure of thanks is contentment, frugality, and being satisfied and grateful. While the measure of ingratitude is greed, and wastefulness and extravagance; it is disrespect; it is eating whatever one comes across, whether lawful or unlawful.

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Indeed, like ingratitude, greed causes both loss and degradation. For example, it is as though the blessed ant even, which has a social life, is crushed beneath feet because of greed. For, although a few grains of wheat would be sufficient for a year, it is not contented with this, and collects thousands if it can. While the blessed honey-bee flies overhead due to its contentment, and through a Divine command bestows honey on human beings for them to eat.

The Name of All-Merciful - the Greatest Name after the Name of Allah, which signifies the Divine Essence and is the Greatest Name of the Most Pure and Holy One - looks to sustenance. And it is attained to through the thanks which is in sustenance. Also, the most apparent meaning of All-Merciful is Provider.

Moreover, there are different varieties of thanks. The most comprehensive of those and their universal index are the prescribed prayers.

Furthermore, within thanks is a pure belief, a sincere affirmation of God's Unity. For a person who eats an apple and utters, "Praise be to God!" is proclaiming through his thanks: "This apple is a souvenir bestowed directly by the hand of power, a gift directly from the treasury of mercy." With saying this and believing it, he is surrendering everything, particular and universal, to the hand of power. He recognizes the manifestation of mercy in everything. He announces through thanks a true belief and sincere affirmation of Divine Unity.

Of the many aspects of the great loss which careless and heedless (C&H) man incurs through ingratitude for bounties, we shall describe only one. It is as follows:

If someone eats a delicious bounty and gives thanks, the bounty becomes a light through his thanks, and a fruit of Paradise in the Hereafter. Through thinking of it being a Work of Almighty God's favour and mercy due to the pleasure it affords, it gives a great and lasting delight and enjoyment. He sends kernels and essences pertaining to its meaning and immaterial substances like these to the abodes above, and the material husk-like residue, that is, the matter that has completed its duty and now is unnecessary, becomes excreta and goes to be transformed into its original substances that is into the elements. If he does not give thanks, the temporary pleasure leaves a pain and sorrow at its passing, and itself becomes waste. Bounty which is of the nature of diamonds is transformed into coal. Through thanks, transient sustenance gives enduring pleasures, everlasting fruits. But bounty which is met with ingratitude is turned from the very best of forms into the most distasteful. For according to a careless and heedless person such as that, after a temporary pleasure, the end of sustenance is waste-matter.

For sure, sustenance is in a form worthy of love, and that form becomes apparent through thanks. Whereas the passion of the misguided and heedless for sustenance is animality. You can make further comparisons in this way and see what a loss the careless and heedless and misguided suffer.

Among animate species the most needy for the varieties of sustenance is man. Almighty God created man as a comprehensive mirror to all His Names, as a miracle of power with the capacity to weigh up and recognize the contents of all His treasuries of mercy, and as His vicegerent on earth possessing the faculties to draw to the scales all the subtleties of the different manifestations of His Names. He therefore gave him a boundless need, making him needy for the endless different varieties of sustenance, material and immaterial. The means of raising man to 'the best of forms,' which is the highest position in accordance with this comprehensiveness, is thanks. If he does not give thanks, he falls to 'the lowest of the low,' and perpetrates a great wrong.

In Short:

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The most essential of the four fundamental principles of the way of worship and winning God's love, the highest and most elevated way, is thanks. These four principles have been defined as follows:

"Four things are necessary on the way of the impotent, my friend:

مطلق عجز Absolute impotence 'Ajzu muţlaq مطلق عجز Absolute poverty Faqru muţlaq مطلق فق مطلق فق Absolute fervour Shawq muţlaq مطلق شوق Absolute thanks Shukr muţlaq مطلق شك و

اَلْكُمَّ اجْعَلْنَا مِنَ الشَّاكِرِينَ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ

O God, through Your mercy, appoint us among those who give thanks, O Most Merciful of the Merciful!

Glory be unto You We have no knowledge .save that which You,

have taught us; indeed, You are All-Knowing All-Wise.

Surah Al Bagarah 2:32

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